



siam
costumes

Instructions for taking Foot Measurements

Actor /Actress Name:	
Measured by:	
Date Measured:	
Productions:	

Wearing socks, stand on a sheet paper, distribute your weight evenly on both feet.

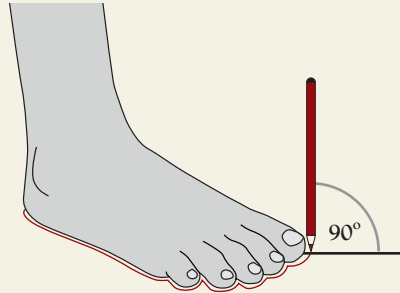
Follow the steps outlined below then fill in the measurement chart.

For accuracy we recommend that you have someone else take measurements.

Making you foot outline:

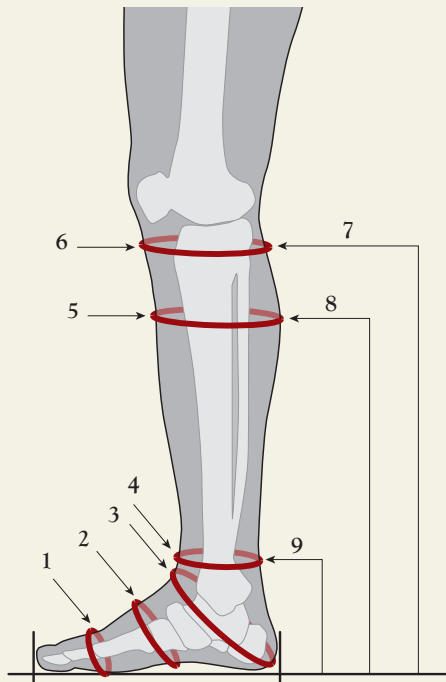
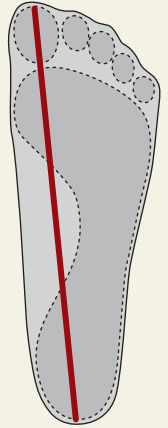
Holding a pen vertically, outline each foot according to the diagram. The outline must be joined or overlapping traced lines.

Measure the length of the foot tracing from the tiptoe to the heel according to diagram.



Measure around each foot:

Measure each of your feet with a cloth tape circumferential at the arc of foot; gently pull the tape snug according to the positional diagram.



- 1: **Ball:** Around the widest part of the foot.
- 2: **Instep:** Around the part where the tip of the bone is on the instep.
- 3: **Heel:** Around the part of heel (from tip to tip of the bending point through the heel).

Extra Measurement Needed For Boots

- 4: **Ankle:** Around the ankle; hold the tape sufficiently to easily allow room for one index finger between the tape and the ankle.
- 5: **Calf:** Around the widest part of the calf; hold the tape sufficiently to easily allow room for one index finger between the tape and the calf.
- 6: **Around top of Boot:** Hold the tape sufficiently to easily allow room for one index finger between the tape and the desired position.
- 7: **Boot Height:** The desired height of the boot to the ground.
- 8: **Calf Height:** From the calf to the ground.
- 9: **Ankle Height:** From the ankle to the ground.

Left Foot (cm)

Right Foot (cm)

	Foot Length	
	Ball	
	Instep	
	Heel	

Shoe Size:	
Country of Size:	
Gender:	
Child or Adult:	

Extra Measurement Needed For Boots

	Ankle	
	Calf	
	Around top of Boot	
	Boot Height	
	Calf Height	
	Ankle Height	

Notes:

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